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# Recharge your mind and body

With an Earth and Moon Grounding Mat

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Shipped from USA



90 day returns



25,000 happy customers



Lifetime Warranty

## What our customers think

Works great



Works great on your bed or on the floor.

PCUSTER

Great Product



Great packaging, easy to set up and use.

JASON

Great!!



Great product! Comforting to know I am protecting mine and my family's overall wellbeing with this grounding mat!


PAUL

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## Best Sellers

Discover a fresh, new you in just 30 minutes a day




Duo Starter Kit (Size Large)

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Featured

### Bundle and save

23.6" x 35.4" / 60cm x 90cm

Get grounded with your friend/spouse/co-worker or pet with our new duo starter kit! Made with soft, durable leatherette, an eco-conscious synthetic polyurethane that's highly conductive and totally comfortable. It's also nontoxic, vegan, and designed perfectly to fit any space in your home, office or studio.

- ✓ 23.6 inches x 35.4 inches and 23.6 inches x 35.4 inches
- ✓ Ideal for sitting, sleeping, meditating, stretching, yoga and more
- ✓ Lightweight and easy to roll up
- ✓ Comes with 2x large grounding mats, 2x US safety adaptors, 2x outlet checkers, 2x extra long anti-tangle grounding cords, 2x protective cases & 2x instructions manuals
- ✓ Plus 2x free Earth + Moon Lava Rock Grounding Bracelets valued at \$29.99!
- ✓ Stylish cylindrical packaging for easy travel and storage
- ✓ Suitable for USA wall sockets only
- ✓ Try risk-free with our lifetime manufacture warranty guarantee

Save 21%

~~\$139.99~~ \$109.99

Shop all bundles

## Are you always on overdrive?

Do you feel stressed out or depleted most days? That's a sign that you're imbalanced and disconnected from the natural world.

Everyday life can feel a bit clinical, leaving you weak, scattered, anxious, and uncentered. That's no way to live. Your body needs more time in nature, and direct contact with the Earth's current is an ideal way to recharge. But it's hard to find time to do this.

An Earth and Moon Grounding Mat is a simple but powerful way to connect to the Earth when you can't be outside in nature. Incorporate the practice of grounding into your everyday life, without changing your routine.

### Who Can Benefit From Grounding:

- ✓ Adults
- ✓ Seniors
- ✓ Athletes
- ✓ Pets



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## Frequently Asked Questions

What is grounding?	∨
How long will this grounding mat last?	∨
How should I clean it?	∨
How can I use my mat?	∨
Can I sleep directly on the mat?	∨
Is it safe for my pet?	∨
Should I wear something on my feet?	∨
Can I use a power bar to plug in my mat?	∨
Can I use this mat outside of the USA?	∨

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Your email  [→](#)

Email our team: [info@earthandmoons.com](mailto:info@earthandmoons.com)

