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when you sign up for emails on parenting topics to enhance connections between children and adults.

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regulate before cor

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the child calmer designed to help with...

bedtime

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nervousness

crying fits

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bedtime routines



start with webe



melt downs
pressure
over stimulated

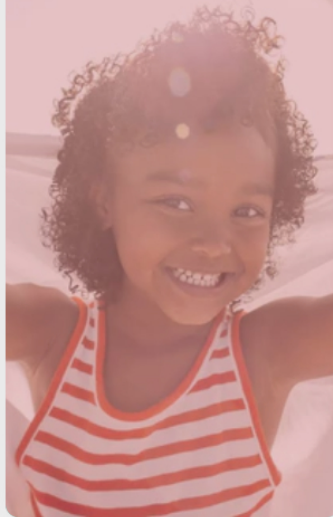
Getting kids ready for bed can be quite a challenge. The mere mention of bedtime seems to awaken them, leaving parents frustrated.

webe käl'm offers a great solution to ease this transition. It helps create a peaceful bedtime routine and calms kids down from their active day to get ready for a good night's sleep.

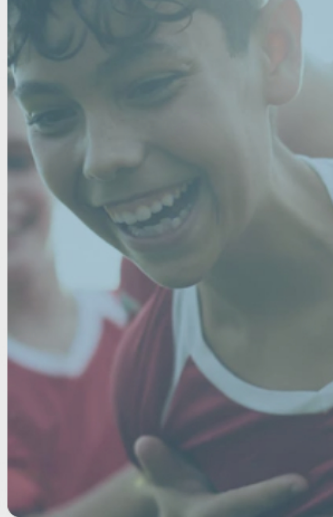
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by age >



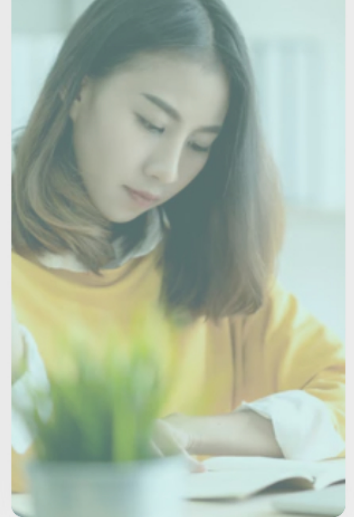
wee webe's (age 3-8)



tween webe's (age 9-12)



teen webe's (age 13+)



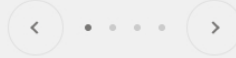
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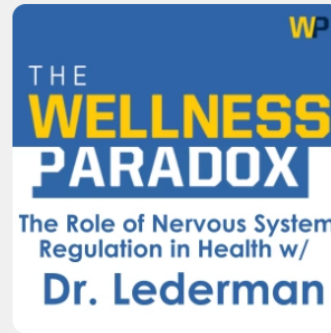


"This miracle tool changed my failing approach to fits. Not only does it give our children the power to self-regulate, but it gives me the power to finally do something effective!"

Beth W.



webe in the news 

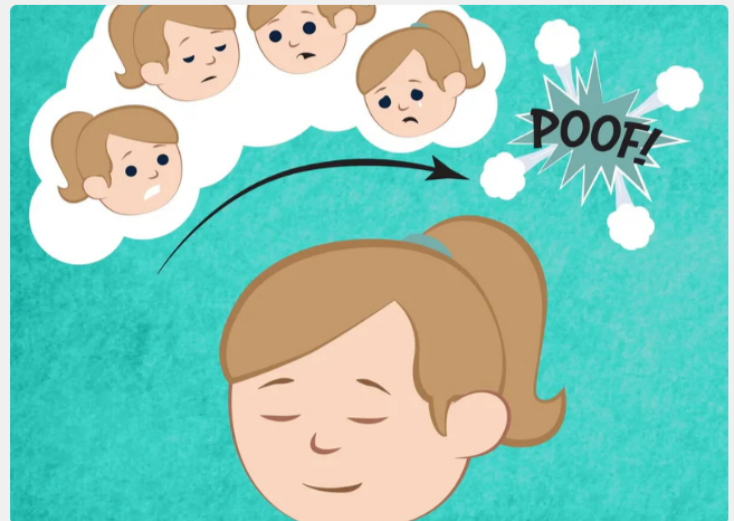


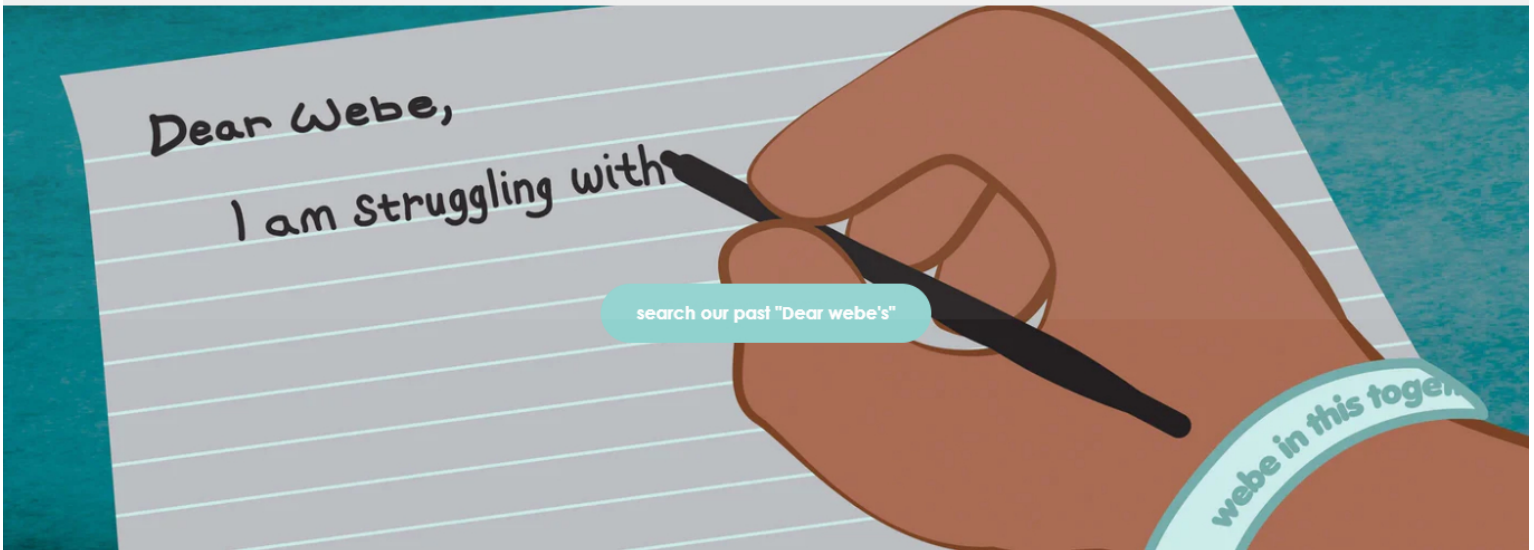
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understanding the parasympathetic nervous system

Imagine your body as a car with different modes. The parasympathetic nervous system is the "slow down and relax" mode. When you're active and playing, it's in the "go fast" mode (the sympathetic nervous system). But when it's time to rest, sleep, or eat, it switches to "slow down and relax."

In this mode, your heart beats slower, your body helps with digestion, and it's similar to a cozy nap for your insides. It's the part that helps you feel calm and balanced after being busy or a little scared. So, the parasympathetic nervous system is the relaxing mode for your body, ensuring you feel good and balanced inside.





Discover the importance of empathy and understanding in fostering connections between adults and young adults. Share your struggles with us on our "Dear webe" page and we will pick a handful to respond to each week.

[search our past "Dear webe's" >](#)



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our mission

Bringing families together by fostering a safe and calm space for meaningful connections.

